

VAN

Choose your energetic stone



Amethyst – “healing & protective”: provides a sense of calm, quiets the mind and promotes contentment. Wards off negative emotions by attracting positive energy.



Aquamarine – “wisdom”: fosters insight, truth and wisdom and calms the mind, nerves and anxieties. Physically reduces fluid retention.



Citrine – “self-esteem”: improves self-confidence and removes destructive tendencies. Enhances individuality, motivation, creativity and self-expression. Reduces sensitivity to criticism.



Emerald – “life-affirming”: opens the heart chakra and calms the emotions. Provides inspiration, balance, wisdom and patience. Promotes friendship, peace, harmony and unconditional love.



Moonstone – “emotional balance”: reduces anxiety, depression, and other mental ailments, helping you to find inner peace and stability. Encourages us to embrace change, embark on new beginnings and invite inner growth into our lives.



Peridot – “security & inner peace”: soothes nervousness, heals emotional and physical pain and lightens suffering. In Ancient Roman times rings of Peridot were worn to relieve depression.



Rhodolite – “manifestation”: manifests dreams and goals. Known as the “stone of love” to open the heart chakra and promote unconditional love.



Ruby – “desire”: increases desire and energy and brings the sensual pleasure of life and attracts romantic partners.



Sapphire – “serenity & protection”: calms the mind to support meditation and mental clarity to surmount obstacles. In Ancient times was worn to protect against negative energies and illness, especially while traveling.



Tanzanite – “tranquillity & clarity”: overcome obstacles, enhances intuition and promotes better communication. Strengthens the immune system and regenerates cells.



Tiger’s Eye – “awareness & personal strength”: promotes new ideas and solutions. Like the fire element in Feng Shui it can bring light to situations helping to provide insight and clarity.



Tourmaline – “reconciliation”: fosters compassion and attracts money, healing and friendship. Also used for grounding purposes, to stabilize and reaffirm our Earth roots.

SEE BESPOKE

All Van Power Bracelets can be customised
based on your energetic desires